

Format A3

Municipal State Enterprise with the Right of Economic Independence "Kapshagay City Hospital"	Code of the organization according to the National Classifier _____
Ministry of Health of the Republic of Kazakhstan	Medical Documentation Form No. 027/u Confirmed by Order No. 907 of the Minister of Health of Republic of Kazakhstan dated November 23, 2010
Organization name Municipal State Enterprise with the Right of Economic Independence "Kapshagay City Hospital"	

Examination by specialists of a convict of Correction Facility 155/8

1. Patient's surname, given name, patronymic: **DZHAKISHEV Mukhtar Yerkynovich**
 2. Date of birth: 28.06.1963
 3. Home address 35 Abay Str., Apt. 14, Almaly District, Almaty City
 4. Place of work and occupation: He does not work
 5. Dates: a) Admission on the outpatient basis: 23.04.2016
 6. Full diagnosis (main disease, accompanying complications): **Arterial hypertension degree 3. Crisis. Risk factor 3. Dyscirculatory encephalopathy Degree 2. Chronic pyelonephritis, remission. Urine acid diathesis. Chronic prostatitis, remission. Chronic cholecystitis, remission.**
 7. **Complaints at admission:** headache, unstably high BP (up to 220/110 mm Hg), dizziness in the morning.
 8. Brief diagnosis, diagnostic examinations, course of the disease, treatment) –
 9. **Anamnesis morbi:** According to the patient, he has been sick since 2003, when prophylactic medical examination discovered elevated BP 140-150/80-90 mm Hg; aggravation of the situation since 2009, elevated BP 220/110 mm Hg. The patient was repeatedly examined in clinics of the City of Almaty. Preparations Prestans 10/10 and Yandal 25 mg were prescribed. For the last time, in connection with the above complains, he continued treatment.
 10. **Anamnesis vitae:** The patient denies hepatitis, tuberculosis, venereologic diseases, TBS,
 11. **Allergic anamnesis:** is not aggravated. The patient has not had any transfusions.
- Objective examination:** The general state at examination is satisfactory. The consciousness is clear. Position is active. Skin and visible mucous membranes are clean, of usual color. Peripheral lymph nodes are not enlarged. Vessels pulsation is preserved from both sides. Peripheral edemas are absent.
- Respiratory system: Respiration is free, through the nose. Respiration rate is 17/min. The chest is occupational safety normosthenic form; both parts participate in the respiration act. At percussion: clear pulmonic sound. At auscultation: vesicular respiration, without rales.
- Cardiovascular system: Heart tones are dull; rhythm is regular. Heart rate is 75/min. BP is 180/100 mm Hg. Auscultation of large vessels: without noise symptomatic.
- Digestive system: The tongue is wet, clean; the throat is normal. The abdomen is soft, painless at palpation. The size of the liver according to Kurlov 10.0 x 8.0 cm. Stool is regular.
- Urinary system: The area of kidneys is without any changes. Percussion symptom is negative from both sides. Urination is free, painless.
12. **Neurologic status:** palpebral fissure D=S, pupils D=S. The volume of movements of eyeballs is symmetric. Horizontal nystagmus in outermost abductions. Rigidity of occipital muscles is absent. The face is symmetric. The pharyngeal reflex is vivid, D=S. Tendon reflexes are vivid, D=S. Muscle tone in extremities is preserved. Muscle force in extremities is 5 x 6. Pathologic signs are absent. Sensitivity is preserved. Distal hyperhidrosis. The patient is emotionally stable; judgement is preserved.
 13. **Examinations of specialists:**

Blood count dated 23.04.2016: Hb – 160 g/L, Erythrocytes $-4.78 \cdot 10^{12}$, Color index – 0.9, platelets – 205.0, Leukocytes – $5.7 \cdot 10^9$, sedimentation rate – 6 mm/h, hematocrit – 44%

Urinalysis dated 23.04.2016: specific gravity – 1030, reaction – acidic, protein is absent, urobilinogen – norm, bilirubin – absent, leukocytes 1-2 at sight.

Blood biochemistry dated 23.04.2016: total protein – 79, urea 0 5.4, creatinine – 70, glucose – 6.0, ALT – 20, bilirubin – 10.50

Examination of oculist dated 23.04.2016: mild myopia, angiopathy of retina vessels on the left.

ECG dated 23.04.2016: sinus rhythm, heart rate 75-85/min. Normal position of the electrical axis.

Examination of otolaryngologist dated 23.04.2016: displacement of the nasal septum.

Examination of urologist dated 23.04.2016: chronic pyelonephritis, remission. Urine acid diathesis. Chronic prostatitis, remission.

Examination of therapist dated 23.04.2016: arterial hypertension, degree 3, crisis, risk factor 3. Dyscirculatory encephalopathy degree 2. Treatment was prescribed.

Examination of neurologist dated 23.04.2016: arterial hypertension, degree 3, crisis, risk factor 3. Dyscirculatory encephalopathy degree 2. Treatment was prescribed.

Ultrasound of the abdominal cavity dated 23.04.2016: diffuse changes in the liver and pancreas. Signs of cholecystitis, Moderate hydrocalycosis of both kidneys, microlithiasis.

Examination of surgeon dated 23.04.2016: at the moment of examination, any surgical pathology was not discovered.

EEG dated 23.04.2016: routine EEG in the wakeful state did not discover any paroxysmal activity.

14. Treatment and labor recommendations: at the moment of examination, the patient does not need treatment on the inpatient basis, continuous taking of hypotensive preparations in the conditions of the medical unit of the correctional facility (the preparations indicated below are included in the volume of guaranteed free medical assistance)

1. Diet with limitation of salt, animal fat, 2 liters of clean water, vegetables, fruits.
2. Prestans 10/10 mg once in the morning continuously!!!
3. Physiotens 04 mg 1 tablet in the evening.

Deputy Director of the Municipal State Enterprise with the Right of Economic Independence

“Kapshagay City Hospital”: Ongarova A.N. /signature, personal stamp/

Head of the Therapy Department: Sarsenova Z.B. /signature, personal stamp/

Head of the Surgery Department: Kim V.M. /signature, personal stamp/

Neurologist: Bopeshbayeva G.N. /signature, personal stamp/

Askarova A.O. /signature, personal stamp/

Urologist Azhibayev R.T. /signature, personal stamp/

Otolaryngologist: Kheday Yu.M. /signature, personal stamp/

Oculist: Imasheva G.A. /signature, personal stamp/

Ultrasound Specialist: Nam L.V. /signature, personal stamp/